

My Guardian Sunday 15th June 2025

Daniel 10

1. It's OK to mourn our disappointments

“When this vision came to me, I, Daniel, had been in mourning for three whole weeks.”
Dan 10:2

2. When your heart is burdened, bring it in prayer and fasting to God

“Since the first day you began to pray for understanding and to humble yourself before your God, your request has been heard in heaven.” Dan 10:12

“On April 23, as I was standing on the bank of the great Tigris River, ⁵I looked up and saw a man dressed in linen clothing, with a belt of pure gold around his waist. ⁶His body looked like a precious gem. His face flashed like lightning, and his eyes flamed like torches. His arms and feet shone like polished bronze, and his voice roared like a vast multitude of people.” Dan 10:4-6

“The men with me saw nothing, but they were suddenly terrified and ran away to hide. ⁸So I was left there all alone to see this amazing vision. My strength left me, my face grew deathly pale, and I felt very weak.” Dan 10:8

“Just then a hand touched me and lifted me, still trembling, to my hands and knees. ¹¹And the man said to me, “Daniel, you are very precious to God” Dan 10:10-11

3. Remember you are precious to God

“What is the price of two sparrows—one copper coin? But not a single sparrow can fall to the ground without your Father knowing it. ³⁰And the very hairs on your head are all numbered. ³¹So don't be afraid; you are more valuable to God than a whole flock of sparrows.” Matthew 10:29-30

4. Recognise we are in a spiritual battle – use our spiritual weapons

“I have come in answer to your prayer. ¹³But for twenty-one days the spirit prince of the kingdom of Persia blocked my way. Then Michael, one of the archangels, came to help me, and I left him there with the spirit prince of the kingdom of Persia. ¹⁴Now I am here...” Dan 10:12-13

“Be strong in the Lord and in his mighty power. ¹¹Put on all of God's armour so that you will be able to stand firm against all strategies of the devil. ¹²For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.” Ephesians 6:10-12

Two key spiritual weapons: Prayer and Word of God (Eph 6:17-18)